



RACE BOOK and RULES

Bell Helmets Canadian Open Challenger

August 11, 2018
V3.5AUG



LOCATION

Whistler CAN ([google map](#))

Race Office: Aava Hotel (next to the Whistler Golf Club driving range / across from the Whistler Conference Centre)



EVENT SCHEDULE

DOWNLOAD

Friday August 10 | Training [specific times for each stage – details below]
Saturday August 11 | Race 09h30-15h00



REGISTRATION

Race is sold out / registration closed.



ONSITE CHECKIN / PLATE PICK UP

Aava Hotel
Thursday August 9 | 15h00-19h00
Friday August 10 | 8h00-13h00

Checkin deadline: August 10, 13h00.
Riders who have not collected their plates by the deadline will be removed from the start list.

Altering, cutting, or placing of unauthorized stickers or sponsor logos on race plates is not permitted.



RIDER BRIEFING

Riders are invited to attend the EWS Rider Briefing [Thursday August 9 20h00 - Chateau Fairmont] – but attendance for Challenger racers is not mandatory.

Visit the EWS Facebook Event Page / Rider Forum at for up-to-date race information or to ask any questions. <https://www.facebook.com/events/941130552714376/>



WAIVERS / INSURANCE

All competitors must complete an Event Waiver/Release of Liability in order to compete in the Bell Helmets Canadian Open Challenger Enduro.

If you are 18 years or younger, you will need for a parent or legal guardian to complete your Waiver. Minors who will be traveling unaccompanied to the event will need to make advance arrangements to complete the waiver. Email athletes@crankworx.com

Parents, teammates, friends, ... that want to collect the race plates on behalf of another racer can download the [Waiver](#) and (if applicable) [Foreign Rider Insurance Acknowledgment](#) and bring the completed document(s) to the Athlete Centre.





Race plates cannot be issued unless there is a properly completed Waiver.

Foreign Competitors: Non Canadian residents will be required to sign an acknowledgment that they have adequate medical / health insurance to cover and pay for any medical or other costs that may directly or indirectly result from their participation in the Bell Helmet Canadian Open Enduro Challenger.



RACE LICENSE

The Bell Helmets Canadian Open Enduro Challenger is not a UCI sanctioned race. Race licenses are not required.

WHISTLER BIKE PARK LIFT TICKETS / PASSES

2 DAY CHALLENGER ENDURO LIFT TICKET

A special discounted 2-day Whistler Bike Park ticket will be available for Challenger racers. Price: \$46 (can be purchased at the Crankworx Athlete Centre (Aava Hotel)) This ticket will be valid for unlimited access on all Whistler Bike Park lifts (except the Peak Chair) on Friday – Saturday, plus 2 uploads on the Peak Chair (1 training day / 1 race day)

WHISTLER BIKE PARK PASSES

If you are going to be in Whistler for an extended period, check out the Whistler Bike Park website for lift pass options.

<https://www.whistlerblackcomb.com/plan-your-trip/lift-access/bike-park-passes.aspx>

CRANKWORX BIKE PARK PASS DISCOUNTS

Or if you were going to race at least 2 of the other Crankworx events - the Whistler Bike Park offers the following discounted pass options:

<https://www.crankworx.com/athlete-registration/>



Unlimited Season Pass

\$555 CAD + tax (regular price \$795).

This pass would be valid for unlimited access on all Whistler Bike Park lifts (except the Peak Chair)

10-Day Pass

\$415 CAD + tax (regular price \$520)

Includes 10 days - additional days can be added at \$46/day (if purchased online 5 days in advance) or \$52/day (if purchased on the day)

5-Day Pass

\$260 CAD + tax (regular price \$325)

Includes 5 days - additional days can be added at \$57/day (if purchased online 5 days in advance) or \$65/day (if purchased on the day)

PASSHOLDERS – PEAK CHAIR ACCESS

Racers who already have a Whistler Bike Park Season Pass can collect free EWS Peak Chair ticket (valid for 1 lap on August 10 and 1 lap on August 11). Bring pass to the Aava to have Peak Chair access uploaded on pass.


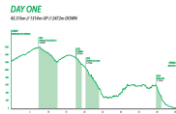





BIKE MARKING and BIKE CHECK

There will be no bike check and no equipment marking for Challenger racers.





	<p>TIMING TRANSPONDERS</p> <p>Racers will collect their timing transponders on Saturday morning 9h30-10h00 (in front of awards stage Skiers Plaza Whistler Village).</p> <p>Timing transponders will be collected at the finish of the race. Racers who withdraw or do not complete the race should return the transponders to the finish. Lost or damaged transponders will be assessed a \$125 CAD replacement fee.</p>
	<p>COURSE</p> <p>4 stages of the EWS course featuring a combination of Whistler Bike Park trails and forested singletrack in the Whistler Valley. Racers can expect very steep, challenging, technical terrain. Stages in the Whistler Bike Park will be lift accessed.</p> <p>Stage 1 Top of the World Stage 2 Delayed Fuse > BC Stage 3 Heavy Flow > Tunnel Vision Stage 4 Too Tight > Monkey Hands</p> <p>MAP: http://www.enduroworldseries.com/wp-content/uploads/2017/11/Challenger-Map-2018.pdf</p> <p>GPS TRAILFORKS MAP: https://www.trailforks.com/route/bell-helmets-canadian-open-challenger-enduro/</p> <p>All race Stages will be closed for riding until training on Friday August 10. Other Whistler Bike Park trails open for riding during the week.</p>
<p>TECHNICAL SCORE</p>	
<p>PHYSICAL SCORE</p>	
	<p>TRAINING</p> <p>Friday August 10 It is strong recommended that racers pre-ride the entire course. Racers will be limited to 1 training run on each race Stage. Public will also have access to tracks – no close course training.</p> <p>SCHEDULE</p> <p>Stage 1 <i>Top of the World</i> Peak Chair opens 11h00 Stage open for riding until 11h00-15h30</p> <p>Stage 2 <i>Delayed Fuse > BC</i> Creekside Gondola open 10h00-19h00 Stage open for riding until 10h00-19h00</p> <p>Stage 3 <i>Heavy Flow > Hindsight > Lower Tunnel Vision</i> Open 16h00-18h00 only</p>





Riders will not be permitted to shuttle Kadenwood Road for training as it is a private road

S4 | Too Tight > Upper & Lower Angry Pirate > Samurai Pizza Cat > Ho Chi Min > Longhorn > Monkey Hands
Open from 10h00-15h30 only



FEED ZONES / WATER STATIONS

Outside assistance is allowed during the day. Stop at a shop, get a coffee, help each other out - it's all allowed in the Challenger.



PROTECTION RULES

Full face helmet required for all race stages . Open face permitted for transition stages. The rules apply to both training and race days.

By British Columbia law, all riders must have a helmet on at all times when riding a bike – chin strap done up. Failure to wear a helmet results in a DSQ

Gloves, elbow, knee, and back protection optional (but highly recommended)



RACE RULES

Riders are expected to read and understand the Race Book and Rule Book. Unfamiliarity will not be accepted as an excuse for any rule violation by any rider

<http://www.enduroworldseries.com/rule-book/>

The Race Director is authorized to give additional penalties that are not listed in the EWS rules in the case of a rider who fails to respect the other riders, the spirit of the sport, the environment or the organization.



CATEGORIES

WOMEN | Youth 13-16 [2002-2005]
WOMEN | U21 17-20 [1998-2001]
WOMEN | Senior 21-34 [1997-1984]
WOMEN | Master 35+ [1983+]

MEN | Youth 13-14 [2004-2005]
MEN | Youth 15-16 [2002-2003]
MEN | U21 17-20 [1998-2001]
MEN | Senior 21-39 [1979-1997]
MEN | 40+ [1978+]

*EWS uses December 31 2018 as the age calculation date.
Minimum age 13 (Year of birth 2005) for the Challenger race.*



START ORDER and START TIMES

Racers must complete stages in order and within the specified timeframe – but they do not need to start in a particular order.

Racers can self seed and select their own start order.

Minimum 20 second intervals between racers

RACE

Stages will be open as follows:

Stage 1: 11h15-12h30


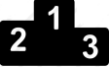





Stage 2: 12h00-13h15

Stage 3: 13h00-14h15

Stage 4: 13h45-15h00











	RESULTS Results will be published at: www.enduroworldseries.com/results
	AWARDS 15h30 Awards Stage in Skiers Plaza Top 3 from each category
	EMERGENCY RESPONSE Contact Whistler Bike Park emergency dispatch at 604-935-5555 if assistance required.
	NEAREST CLINIC / HOSPITAL Whistler Health Care Centre (corner of Lorimer Road and Blackcomb Way). There is onsite radiology, CT Scanner and laboratory services.
	CONCUSSION PROTOCOL Any EWS Challenger racer who fails a concussion assessment by a qualified medical practitioner, during that event, will be removed from the current practice session or race and will be prohibited from further participation in any EWS or practice session or race until cleared in writing by a medical doctor to resume such activity. Should a concussion be confirmed by a medical doctor, the athlete is responsible for completing a 'graduated return to activity' plan.
	INJURY/ILLNESS PERFORMANCE PROJECT During all EWS events, medical staff may collect preliminary rider injury and illness data, in order to monitor the magnitude of issues that occur. As part of your participation this will include your medical data should you sustain an injury (or illness) during the event. You will not be identifiable at any stage during any collection of this data, and any data collected on you will be anonymized and kept strictly confidential at all times. The information gathered may be used by the EWS to help guide and direct future rider health and injury/illness prevention initiatives. You do not need to do anything as part of this data collection. NB: If you decide you do not want your medical data to be collected during an event you must advise the EWS organisers in writing. You are free to withdraw from this data recording at any stage, without penalty, and you do not need to explain your reasons for doing so.
	MASSAGE and PHYSIOTHERAPY Peak Performance will be providing discounted massage therapy and physiotherapy services to Crankworx competitors. Offices are located on the Village Stroll, next to Rocks & Gems Canada in the breezeway behind Starbucks. Call 604.932.7555 for appointments. www.peakperformancephysio.com
	YOGA GT Yoga Sessions Free for Crankworx athletes - details to be confirmed http://www.crankworx.com/whistler/crankworx-whistler-events/
	OTHER ACTIVITIES / EVENTS Crankworx Whistler is a 10 day festival (August 10-19) featuring competitions, races, concerts, multimedia shows, ... Please visit http://www.crankworx.com for a full schedule of events.





	<p>Online registration for all the other races and events available at http://www.crankworx.com . Registration deadline August 10 (unless events sellout in advance)</p>
 	<p>TRAVEL / TRANSPORTATION</p> <p>Whistler is 140kms (2h15mins) north of Vancouver International Airport (YVR). Whistler is a pedestrian village and the event office, bike park, shops, restaurants, .. are all easily accessible by foot / bike. A vehicle would not be necessary once you are in the Resort. There is public transportation / taxis to access Creekside (the secondary base), Function Junction (a commercial area) and residential neighborhoods. Please see http://www.crankworx.com/whistler/getting-here for airport transfer options and driving directions.</p> <p>Whistler Shuttle offers preferred rates to Crankworx athletes on its YVR and Vancouver to Whistler services – use promo code "Crankworx2018". The first option listed in Transport Type ("Whistler Shuttle") is the best choice for anyone travelling with a bike (with a reservation - just \$25 per boxed bike). www.whistlerShuttle.com</p> <p>Avis Car Rental (www.avis.ca) has offices in the Whistler Resort so a one way rental from the airport can be arranged. Whistler Reservation Office +1 6049321236 or aviswhistler@telus.net .</p> <p>An important consideration if driving - overnight and free daytime parking is very limited. https://www.whistler.ca/services/transportation/parking</p>
	<p>ACCOMMODATION</p> <p>Check http://www.crankworx.com/whistler/crankworx-whistler-accommodation/ and http://www.whistler.com/crankworx/ for special Crankworx promotions.</p> <p>Crankworx competitors are also eligible to stay at the Whistler Olympic Athlete Centre in Function Junction (features both a lodge and townhomes). Visit http://www.whistlerathletescentre.com/venues/whistler-athletes-centre for details and rates. Please note that Function Junction is about a 10 minute drive / 20 minute pedal south of the Village.</p>
 	<p>CAMPING / OVERNIGHT PARKING</p> <p>Sleeping or camping in vehicles is not permitted in any Whistler parking lots or roadside.</p> <p>Camping is permitted at the following locations: Riverside Resort Whistler RV Park and Campground Cal-cheak Recreation Site Nairn Falls Provincial Park https://www.whistler.ca/culture-recreation/parks-trails/bear-camping</p>
	<p>WEBSITE and SOCIAL MEDIA</p> <p>Enduro World Series http://www.enduroworldseries.com/event/canadian-open-enduro-presented-by-specialized-2018/</p>





Crankworx:
<https://www.crankworx.com/festival/whistler/>



Use #Crankworxiscoming or #Crankworx



CONTACTS

Crankworx

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