



### LOCATION

Olargues FRA  
Race Village: Esplanade de la Gare Olargues. [MAP](#)

### SCHEDULE

#### Thursday May 3

20h00 Course Release Area closed for riding until start of practice

#### Wednesday May 9

16h00-19h00 Racer Registration EWS and Challenger priority line for EWS Teams  
19h00 EWS Manager Briefing EWS

#### Thursday May 10

08h00-11h00 Racer Registration EWS and Challenger  
09h00-17h00 Training EWS Day 1 EWS Stages  
16h00-19h00 Racer Registration EWS and Challenger  
Afternoon TBD Training EWS #151-550 Urban Stage

#### Friday May 11

08h00-11h00 Racer Registration  
09h00-17h00 Training EWS Day 2 EWS Stages  
09h00-17h00 Training Challenger  
Afternoon TBD Training Challenger Urban Stage  
Afternoon TBD Training EWS #1-150 + Women Urban Stage  
18h00 Rider Briefing

#### Saturday May 12

TBD Race EWS Stages 1-4  
TBD Race Challenger  
16h00-18h00 Vehicle Retrieval Shuttles EWS and Challenger To Day 1 Start  
18h00 Awards Challenger  
TBD Post Race Dinner Challenger

#### Sunday May 13

TBD Race EWS Stages 5-9  
16h00-18h00 Vehicle Retrieval Shuttles EWS to Day 2 Start  
18h00 Awards EWS  
TBD Post Race Dinner EWS

#### Monday May 14

TBD Trail Restoration









### REGISTRATION

<http://www.enduroworldseries.com/event/ews-olargues-montagnes-du-caroux/> .  
Entries available on a first come basis  
Entry deadline: Tuesday May 8, 15h00 CET (unless race sells out in advance)


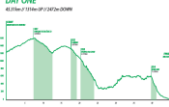








	<p><b>ONSITE CHECKIN / PLATE COLLECTION</b> Wednesday   16h00-19h00 Thursday   8h00-11h00 and 16h00-19h00 Friday   8h00-11h00* *Deadline. Riders who have not collected plate / checked in by 11h00 will not be included on the Start List for Saturday.</p> <p>Racers will be issued both a bike plate and a jersey number. Plates are mandatory for both training and race day . Back number must be attached to jersey on race day.</p>
	<p><b>TIMING TRANSPONDERS</b> Racers will collect their timing transponders on Saturday morning prior to the race (behind the start stage).</p> <p>Timing transponders will be collected at the finish of the race. Racers who withdraw or do not complete the race should return the transponders to the finish. Lost or damaged transponders will be assessed a 100 EUR replacement fee.</p>
	<p><b>RIDER BRIEFING</b> Riders are invited to attend the EWS Rider Briefing (Friday May 11, 18h00) – but attendance for Challenger racers is not mandatory.</p> <p>Visit the Facebook Event Page / Rider Forum at for up-to-date race information or to ask any questions. <a href="https://www.facebook.com/EnduroWorldSeries/">https://www.facebook.com/EnduroWorldSeries/</a></p>
	<p><b>ENTRY FEE</b> 75.53 GBP Entry fees will be processed in the central EWS entry system in Pounds Sterling. Total includes taxes and processing fees</p>
	<p><b>CANCELLATION POLICY</b> Registration fees are refundable (less an administrative fee) up to 30 days prior to the race. Cancellation request must be sent to <a href="mailto:athletes@enduroworldseries.com">athletes@enduroworldseries.com</a> by 23h59 CEST April 11.</p> <p>Registrations are transferable. Deadline Tuesday May 8, 15h00 CEST. Email <a href="mailto:athletes@enduroworldseries.com">athletes@enduroworldseries.com</a></p>
	<p><b>RACE LICENSES and INSURANCE</b> The Montagne du Caroux EWS Challenger Enduro is sanctioned by the French Cycling Federation. Competitors must have either a FFC or UCI license. Non-licensed riders will be permitted to register upon presentation of a medical certificate (issued within the previous 12 months) certifying fitness for competitive sports / mountain biking racing . Cost 5EUR – payable at the onsite checkin.</p> <p>The organizer will secure accident insurance from Gras Savoye on behalf of unlicensed racers. The terms of this insurance can be provided to participants on request. This subscription is included for non-licensed participants. Policy details : <a href="https://ffc.grassavoye.com/">https://ffc.grassavoye.com/</a> .</p> <p>It is strongly recommended that all racers have their own personal medical / accident before participating in events.</p>




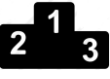






	<p><b>CATEGORIES</b> WOMEN   Under 21 (1998-2001) WOMEN   Master 35+ (1983+) WOMEN MEN   Under 21 (1998-2001) MEN   Master 40+ (1978+) MEN <i>EWS uses December 31 2018 as the age calculation date. Minimum age 17 (Year of birth 2001)</i></p>
	<p><b>COURSE</b> 4 long stages on natural and technical trails, diverse terrain. Race will finish by a short urban stage.  Detailed course description and maps will be published Thursday May 3. The entire race zone will be closed for riding effective May 3 until training on May 11.</p>
<p><b>TECHNICAL SCORE</b></p>	<p>★★★★☆</p>
<p><b>PHYSICAL SCORE</b></p>	<p>★★★★★</p>
	<p><b>TRAINING</b> Friday May 11   9h00-17h00 Urban Stage practice on Friday late afternoon (time to be confirmed)  Only riders with a number plate attached to their bike will be allowed on course during practice. Racers will be limited to 1 training run on each Special Stage. Practice on all stages is strongly recommended.</p>
	<p><b>UPLIFTS</b> Training Day: Racers can use vehicles to transfer to the start of Stage 1 - but shuttling between stages will not be permitted during training. Mandatory drop zones will be identified on the course map.  Race Day: The start will be 15 kms from the paddock. Access will be by personal vehicle. Free shuttle bus pick up will be available at the end of the day to retrieve vehicles.</p>
	<p><b>PROTECTION RULES</b> Racers must wear a full face helmet (either fixed or detachable chin pieces) at all times during the race - including liaison stages on the bike. It is not permissible to carry a second helmet attached to the pack / body.  Full fingered gloves, knee pads and a CE certified back protector are compulsory on race stage. A backpack can replace the back protector if it includes CE certified back protection.  The rules apply to both training and race days.</p>
	<p><b>BIKE MARKING and BIKE CHECK</b> There will be no bike check and no equipment marking for Challenger racers.</p>










	<p><b>START ORDER and START TIMES</b> Racers must complete stages in order and within the specified timeframe. Stage opening / closing times will be posted once course is announced. Racers can self seed and select their own start order. Minimum 20 second intervals between racers</p> <p><b>RACE</b> Stages will be open as follows: Stage 1: TBC Stage 2: TBC Stage 3: TBC Stage 4: TBC A final check-in time will be announced to riders at registration. Riders must report back to the allocated Time-Check after completing all the stages in order.</p>
	<p><b>OUTSIDE ASSISTANCE and ON-COURSE WATER STATIONS / FEED ZONES</b> Availability and location of water stations / feed zones to be confirmed once course is released. Outside assistance is allowed during the day. Stop at a shop, get a coffee, help each other out - it's all allowed in the Challenger.</p>
	<p><b>RACE VENUE FOOD SERVICES</b> Restaurant + snack bar on the spot in the Paddock . Food services available from 8am to 9pm. Beer will offered after the Urban DH stage practice on Friday. Meal will be offered after the Challenger race on Saturday.</p>
	<p><b>AWARDS</b> Top 3 from each category Awards Stage in Esplanade de la Gare Olargues</p>
	<p><b>EMERGENCY RESPONSE</b> Dispatch: number to be confirmed</p>
	<p><b>NEAREST CLINIC / HOSPITAL</b> Hospital Of Rural St Pons Route de Malviès, 34390 Olargues, France +33 4 67 23 07 96</p>
	<p><b>CONCUSSION PROTOCOL</b> Any EWS Challenger racer who fails a concussion assessment by a qualified medical practitioner, during that event, will be removed from the current practice session or race and will be prohibited from further participation in any EWS or practice session or race until cleared in writing by a medical doctor to resume such activity.  Should a concussion be confirmed by a medical doctor, the athlete is responsible for completing a 'graduated return to activity' plan.</p>
	<p><b>INJURY/ILLNESS PERFORMANCE PROJECT</b> During all EWS events, medical staff may collect preliminary rider injury and illness data, in order to monitor the magnitude of issues that occur. As part of your participation this will include your medical data should you sustain an injury (or illness) during the event.</p>





	<p>You will not be identifiable at any stage during any collection of this data, and any data collected on you will be anonymized and kept strictly confidential at all times. The information gathered may be used by the EWS/EMBA to help guide and direct future rider health and injury/illness prevention initiatives. You do not need to do anything as part of this data collection.</p> <p>NB: If you decide you do not want your medical data to be collected during an event you must advise the EWS organisers in writing. You are free to withdraw from this data recording at any stage, without penalty, and you do not need to explain your reasons for doing so.</p>
	<p><b>TRAVEL / TRANSPORTATION</b> Closest international airports Toulouse TLS 150kms (2h30mins) Montpellier MPL 110kms (1h40mins)</p>
	<p><b>ACCOMMODATION</b> Contact the Tourism Office for a list of options or personal recommendations / assistance with bookings: Office de Tourisme Orb Jaur <a href="https://www.ot-caroux.fr/fr/dormir.html">https://www.ot-caroux.fr/fr/dormir.html</a> Email: <a href="mailto:tourisme@ot-caroux.fr">tourisme@ot-caroux.fr</a> Telephone: +33 (0)4 67 23 02 21</p> <p>Office de Tourisme Grand Orb <a href="http://www.grandorb.fr/Tourisme/Hebergements/5/17.html">http://www.grandorb.fr/Tourisme/Hebergements/5/17.html</a> Email: <a href="mailto:bedarieux@tourisme-grandorb.fr">bedarieux@tourisme-grandorb.fr</a> Telephone : +33 (0)4 95 08 79</p>
	<p><b>WEBSITE</b> <a href="https://www.facebook.com/velocaroux/">https://www.facebook.com/velocaroux/</a></p>
	<p><b>EWS SOCIAL MEDIA</b></p> 
	<p><b>CONTACTS</b> Event Director: Luc Guiraud, <a href="mailto:velo-haut-languedoc@orange.fr">velo-haut-languedoc@orange.fr</a> , +33 6 83 55 54 64 Expo / General: Charlotte Crombret, <a href="mailto:charlotte@velo-caroux.fr">charlotte@velo-caroux.fr</a>, +33 6 85 48 53 61 Athletes: Nathalie Grether <a href="mailto:nathalie@enduroworldseries.com">nathalie@enduroworldseries.com</a> Media Inquiries / Accreditation: Kate Ball <a href="mailto:kate@enduroworldseries.com">kate@enduroworldseries.com</a></p>

