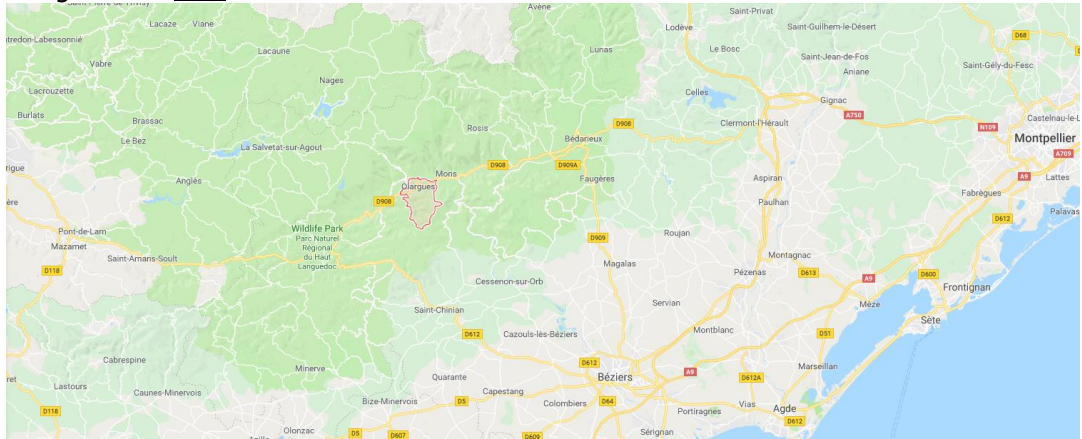


LOCATION

Olargues FRA MAP



VENUE MAP

Race Village: Esplanade de la Gare Olargues.





SCHEDULE

http://www.enduroworldseries.com/wp-content/uploads/2017/11/Schedule_Orlaques-2018.pdf

Thursday May 3

20h00 Course Release Race Stages closed for riding until start of practice

Wednesday May 9

16h00-19h00 Registration / Plate Pick up priority line for EWS Teams
19h00 EWS Manager Briefing

Thursday May 10

08h00-11h00 Registration / Plate Pick up EWS and Challenger
09h00-13h00 Training EWS Group A (EWS members) S5 / S6
13h00-17h00 Training EWS Group A (EWS members) S7 / S8
09h00-13h00 Training EWS Group B (non members) S7 / S8
13h00-17h00 Training EWS Group B (non members) S5 / S6
16h00-19h00 Registration / Plate Pick up EWS and Challenger

Friday May 11

08h00-11h00 Registration / Plate Pick up EWS and Challenger
09h00-13h00 Training EWS Group A (EWS members) S1 / S2
09h00-13h00 Training EWS Group B (non members) S3
09h00-13h00 Training Challenger S3
13h00-16h30 Training EWS Group A (EWS members) S3 / S4
13h00-18h00 Training EWS Group B (non members) S1 / S2 / S4
13h00-18h00 Training Challenger S1 / S2 / S4
18h00 Autograph Signing Session Paddocks
19h00 Rider Briefing EWS Paddocks

Saturday May 12

0700-17h00 Race EWS Stages 1-4
TBD Race Challenger
18h00 Awards Challenger
18h30 Awards Take Care of Your Trails
TBD Post Race Dinner Challenger

Sunday May 13

0700-17h00 Race EWS Stages 5-8
18h00 Awards EWS
TBD Post Race Dinner /After Party EWS

Monday May 14

TBD Trail Restoration



REGISTRATION

EWS: <https://www.eventbrite.ca/e/enduro-world-series-2018-registration-40848562149>



ENTRY FEE





EWS: 151.30 GBP

Entry fees will be processed in the central EWS entry system in Pounds Sterling. Total includes taxes and processing fees

Entry fees include 2 days of marshalled training, 2 race days, post training beers and snacks, post race meal.









	<p>CANCELLATION POLICY</p> <p>Registration fees are refundable (less an administrative fee) up to 3 weeks prior to the race. Cancellation request must be sent to athletes@enduroworldseries.com by 23:59 UCT April 20. Entries are no longer refundable after April 21. After this date, the registration proceeds are transferred to the organizer and the account is closed. Registrations are not transferable.</p>
	<p>EWS MEMBERSHIP</p> <p>The EWS memberships are optional, but:</p> <ul style="list-style-type: none"> •only EWS members will be eligible to collect EWS Global Ranking points at the EWS global series, EWS Continental Series or EWS Qualifier Series events •only EWS members will be added to the EWS Reserve List and offered priority registration for the following season •only EWS members will be seeded for EWS races (all the members within a category are grouped together and seeded according to EWS rank and other relevant results. Non members start in a different group). •new this year – riders will be separated into Groups A and B for training . EWS team riders and EWS members will be in Group A . All other riders will be in Group B. <p>A rider must hold a valid EWS membership prior to starting the race in order to collect EWS Global Ranking points. No points will be awarded retrospectively should a rider purchase a EWS membership after an event.</p> <p>If a rider purchases a membership after the Seeding List has been published, they will still be eligible to collect Global Ranking points – but the Seeding List will not be redone.</p> <p>EWS memberships are valid for a calendar year (January-December). 2018 memberships can be renewed / purchased at : LINK</p>
	<p>RACE LICENSES and INSURANCE</p> <p>The Montagne du Caroux EWS race is sanctioned by the French Cycling Federation.</p> <p>Competitors must have either a FFC/UCI race license or purchase a one event license at the onsite checkin.</p> <p>Non-licensed riders will be permitted to register upon presentation of a medical certificate (issued within the previous 12 months) certifying fitness for competitive sports / mountain biking racing . Cost 5EUR – payable at the onsite checkin.</p> <p>The organizer will secure accident insurance from Gras Savoye on behalf of unlicensed racers. Policy details: https://ffc.grassavoye.com/ .</p> <p>It is strongly recommended that all racers have their own personal medical / accident before participating in events.</p>
	<p>CATEGORIES</p> <p>WOMEN Under 21 (1998-2001) WOMEN Master 35+ (1983+) WOMEN MEN Under 21 (1998-2001) MEN Master 40+ (1978+) MEN</p> <p><i>EWS uses December 31 2018 as the age calculation date. Minimum age 17 (Year of birth 2001)</i></p>





	<p>ONSITE CHECKIN / PLATE COLLECTION Race Office in the Paddock Wednesday 16h00-19h00 (priority line for EWS Team riders) Thursday 8h00-11h00 and 16h00-19h00 Friday 8h00-11h00*</p> <p>*Deadline. Racers who have not collected plate / checked in by 11h00 will not be included on the Start List for Saturday.</p> <p>Racers will issued both a jersey number (must be worn on race days only) and a race plate (must be attached to bikes for both training and race days). Racers who lose or fail to wear their jersey number on race days will be assessed a penalty.</p> <p>Altering, cutting, or placing of unauthorized stickers or sponsor logos on race plate is not permitted.</p>
	<p>RIDER BRIEFING Friday 19h00 - Paddocks Changes to the rules, course, timetable etc and details of course marking, tech zone and feed station will be communicated at the Rider Briefing. Non-attendance at the Rider Briefing will not be accepted as an excuse for any rule violation by any rider.</p> <p>Racer can also visit the Facebook Event Page / Rider Forum at for up-to-date race information or to ask any questions. https://www.facebook.com/events/1814174778886191/</p>
	<p>TIMING CHIPS Racers will collect their timing chips on Saturday morning prior to the race (behind the start platform in the Paddocks). Riders should checkin behind the start platform at least 15 minutes before their scheduled start.</p> <p>Each rider will be issued two chips (the second unit provides backup in case of loss or a crash). One chip should be worn on each wrist.</p> <p>Racers will be required to leave a piece of identification for the timing chip – to be returned on Sunday after the race.</p> <p>Timing chips will be collected at the finish of the race on Sunday. Racers who withdraw or do not complete the race should return the chips to the finish. Lost or damaged chips will be assessed a 100 GBP replacement fee.</p>
	<p>BIKE MARKING Racers must use the same bike (frame, fork and wheels) for the duration of the race. If one of these parts break (frame, fork, rear swingarm and wheels), riders have to report it to the race director. In the case of a replacement of a part or the entire bike, a 5-minute penalty will be given if the rider reports it to the race director (with the penalty assigned to the Stage when the replacement is made). If not reported, the rider will be disqualified.</p> <p>Official event bike marking stickers (5 total) will be included in the race package. Stickers need to be applied to the top tube of the frame, right side of the rear swing arm, right crown of the front forks and each wheel rim.</p>



Do not affix the stickers until the race day.
Racers who lose their bike marking stickers prior to the race start may be assessed a time penalty.



COURSE

Long stages on natural and technical trails, diverse terrain. Day 1 will finish by a short urban stage.

Day 1:

4 stages
45km (race stages 10,5 km / liaison 34,5 km)
Elevation: 1000 d+ / 1470 d-

Course Maps:

<http://www.enduroworldseries.com/wp-content/uploads/2017/11/Olargues-Day1-Map.pdf>

Trailforks: <https://www.trailforks.com/route/ews-3-2018-montagnes-du-caroux-day-1/>

Day 2:

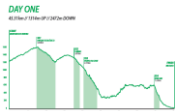
4 stages
36km (race stages 12,6 km / liaison 23,4 km)
Elevation: 1576 d+ / 2195 d-

Course Maps:

<http://www.enduroworldseries.com/wp-content/uploads/2017/11/Olargues-Day-2-Map.pdf>

Trailforks: <https://www.trailforks.com/route/ews-3-2018-montagnes-du-caroux-day-2/>


All race stages will closed for riding effective May 3 until training on May 10-11.






TECHNICAL SCORE ★★★★★

PHYSICAL SCORE ★★★★★


 **OTHER RIDING ZONES**
 Racers can ride the last 4 stages of Epic Enduro
 Link to the course map : <https://epicenduro.com/boucle-3-epic-enduro-vtt>

 **TRAINING**
 The race stages will closed for riding effective May 3 until training on May 10-11.
 Any racer found riding any stages outside of official practice hours will be disqualified.

 Plates must be attached to bikes on practice days.
 Racers will be limited to 1 training run on each Special Stage.

Thursday Training Day 2 Stages		
09h00-13h00	S5 / S6	Group A (EWS members)
13h00-17h00	S7 / S8	Group A (EWS members)
09h00-13h00	S7 / S8	Group B (non members)
13h00-17h00	S5 / S6	Group B (non members)

Friday Training Day 1 Stages + Urban Stage		
09h00-13h00	S1 / S2	Group A (EWS members)
13h00-16h30	S3 / S4	Group A (EWS members)
09h00-13h00	S3	Group B (non members)
13h00-18h00	S1 / S2 / S4	Group B (non members)

 **SHUTTLES**
 Racers can use personal vehicles to transfer to certain stages during Training on Thursday and Friday. Mandatory routes and drop off points described below.
 On the race days – the transfer from the Paddocks to Stage 1 (Saturday) and Stage 5 (Sunday) organized by the race administration.

TRAINING DAYS

THURSDAY 10 MAY [TRAINING DAY 2 STAGES]
 Racers can use personal vehicles to transfer to the starts of the Stages 5 and 7 but shuttling between the others stages will not permitted during training.

Pick up / drop off Stages 5 and 7
 Pick Up point Stages 5 and 7: [43°33'34.4"N 2°54'41.3"E](#) (Paddocks)
 Mandatory drop off point start of Stages 5 and 7 : [43°32'05.4"N 2°56'23.1"E](#)

WARNING
Mandatory Route to start of Stages 5 and 7. Vehicles MUST use the Montagnes Sainte Croix route. Vehicles are prohibited on the concrete track – restricted to bike transfers only.



FRIDAY 11 MAY [TRAINING DAY 1 STAGES]

Racers can use personal vehicles to transfer part way to the start of Stage 1 and to transfer from the finish of Stage 2 to the village of Mons. But racers must climb with their bike on the designated transition to the start of Stage 2 and from the village of Mons to the start of Stages 3. Check point will be located on Stage 2 transition . Racers can use their own vehicles to go back to Olargues or be dropped in Olargues for the start of the Stage 4.

Mandatory drop off / pick up points Stage 1.

Pick up point: [43°33'34.4"N 2°54'41.3"E](#)

Drop Off point Stage 1 :

2 possibilities

If someone will drop you and you do not need to park your vehicle, the mandatory drop off is at La Bouisse: [43°32'48.6"N 3°02'20.5"E](#) . Riders MUST pedal from the mandatory drop off to the start of Stage 1.

If you are alone with your own vehicle, you must park at Le Poujol sur Orb : [43°34'41.1"N 3°03'46.3"E](#) and proceed by bike following the marking "transfer Stage 1" (same transfer as the Saturday race day)

WARNING

Mandatory route to start of Stage 1. Vehicles MUST ascend the road by the village of Le Poujol sur Orb and next Plaussenous and come down by the same way. It is difficult to pass on these little roads, so please be careful and drive slowly

Drop off / pick up points Stage 2 / 3 / 4

Pick up point end of Stage 2 : [43°35'17.1"N 3°04'51.8"E](#)

Drop off point start of Stage 3 : [43°34'02.1"N 2°57'45.5"E](#)

Pick up point end of Stage 3 : [43°34'02.1"N 2°57'45.5"E](#)

Drop off point start of Stage 4 : [43°33'26.1"N 2°55'07.4"E](#)

RACE DAYS

Racers will start from the start platform in the Paddock.

Access to Stages 1 and 5 will be organized by the race administration using shuttles/trailers.

Pick up zone day 1 and day 2 is just near the Paddock: [43°33'24.0"N 2°54'59.1"E](#)

START ORDER and SEEDING

All the EWS members within a category are grouped together and seeded according to EWS Seeding Rules. <http://www.enduroworldseries.com/rules/> 5.4: Seeding and Start Order. Seeding will be in reverse order – highest ranked rider will start last

The non EWS members start in a separate group at the start of their category (or at the beginning of the race for the Men and Women categories).



MEN (*non EWS members*)

MEN | Master 40+

WOMEN (*non EWS members*)

WOMEN | Master 35+

WOMEN | Under 21

MEN | Under 21

MEN (*EWS members*)

WOMEN (*EWS members*)

MEN (*top 30*)



START LIST and START PROCEDURES

Start List will be published after onsite checkin closes (11h00 Friday).
Any racers who have not checked in / collected their race plate by 11h00 Friday will be removed from the start list.

Riders will be issued a sticker with their individual stage start times on Saturday morning at the start platform (same time / location that they will be issued the timing transponder)

Racers will have preassigned start times for all 8 stages.

Late racers will be given the following penalties:

up to 5 minutes late = 1 minute penalty.

5+ minutes late = 5 minutes penalty

Any racers arriving at the start of a race stage later than 30 minutes after their specified start time, or once all other racers in their category have started, will be assigned a DSQ for the race and should not complete any other stages.

A 1-minute interval will be added every 10 – 20 riders to allow a clear gap to start riders who have missed their start. All late riders must start, under instructions from the official starter, within each 1-minute gap. There is no fixed start interval between late starters as the goal is to keep late riders racing, without affecting other riders on course. Late starters will receive a fixed penalty

If a racer is delayed reaching the start as a result of assisting an injured rider or due to some other exceptional circumstances beyond the racer's control (which the rider can provide evidence for), the time penalty may be waived and / or the racer may be permitted to repeat the stage.

Any racer affected by a 'significant incident' during a transition or special stage should immediately report to the finish or start official of the affected stage (as applicable).

The Race Director has the final right to change start times during the race in case of any unforeseen circumstance.



LIVE TIMING and RESULTS

<http://www.enduroworldseries.com/live/>



BIKE WASH

Two stations in the Paddocks



TECH ZONE

Day 1 : Racers will be also passing through the Paddocks after S3

Day 2 : Racers will be passing through the Paddocks after S6



FEED ZONES

Day 1 :

Feed Zone after S2 in Lamalou les Bains.

Following will be available in the Feed Zone: sweet and salty food - dried fruits - fresh fruit – drinks





Racers will be also passing through the Paddocks after S3 before the climbing in Olargues to start S4 (Urban Stage)

Water source on course in Mons after S3 (Day 1)

Day 2 : Racers will be passing through the Paddocks after S6











	<p>PROTECTION RULES</p> <p>Racers must wear a full face helmet (either fixed or detachable chin pieces) at all times during the race - including liaison stages on the bike. It is not permissible to carry a second helmet attached to the pack / body.</p> <p>Full fingered gloves, knee pads and a CE certified back protector are compulsory on race stage. A backpack can replace the back protector if it includes CE certified back protection.</p> <p>The rules apply to both training and race days.</p>
	<p>RACE RULES</p> <p>Riders are expected to read and understand the Race Book and Rule Book. Unfamiliarity will not be accepted as an excuse for any rule violation by any rider</p> <p>http://www.enduroworldseries.com/rule-book/</p> <p>The Race Director is authorized to give additional penalties that are not listed in the EWS rules in the case of a rider who fails to respect the other riders, the spirit of the sport, the environment or the organization.</p> <p>Protests and complaints regarding the race, results, behavior of the other racers and any other sort of issue must be presented to the Race Director within 15 minutes from the posting of the results.</p> <p>RULE BREAK REPORT FORM: https://docs.google.com/forms/d/e/1FAIpQLSc-FhoIqP7w0Jf8m_2ZQbp6nHAKUPnHQvp_IMDbJy2-5PpkMw/viewform</p>
	<p>EMERGENCY RESPONSE</p> <p>Dispatch : +33 06 72 90 77 42 / +33 06 12 10 15 92</p> <p>Medic Station will be located in the Paddocks on Thursday and Friday from 9h00-18h00 and on Saturday and Sunday from 7h00-18h00.</p>
	<p>NEAREST CLINIC / HOSPITAL</p> <p>Polyclinique des trois vallées 4 Route de Saint-Pons, 34600 Bédarieux 04 67 95 56 56</p>
	<p>CONCUSSION PROTOCOL</p> <p>Any EWS racer who fails a concussion assessment by a qualified medical practitioner, during that event, will be removed from the current practice session or race and will be prohibited from further participation in any EWS or practice session or race until cleared in writing by a medical doctor to resume such activity.</p> <p>Should a concussion be confirmed by a medical doctor, the athlete is responsible for completing a 'graduated return to activity' plan.</p>
	<p>INJURY/ILLNESS PERFORMANCE PROJECT</p> <p>During all EWS events, medical staff may collect preliminary rider injury and illness data, in order to monitor the magnitude of issues that occur. As part of your participation this will include your medical data should you sustain an injury (or illness) during the event. You will not be identifiable at any stage during any collection of this data, and any data collected on you will be anonymized and kept strictly confidential at all times. The information gathered may be used by the EWS/EMBA to help guide and direct future rider health and injury/illness prevention initiatives. You do not need to do anything as part of this data collection.</p>





	<p>AWARDS 18h00 Top 3 from each race categories will be awarded – as well as the overall EWS teams and EWS leaders (Women, Women U21, Women Master, Men, Men U21 and Men Masters)</p>
	<p>PRIZE MONEY 3000 EUR total 1st Men and Women: EUR 750 2nd Men and Women: EUR 500 3rd Men and Women: EUR 250</p>
	<p>AFTER PARTY On the Paddocks Mojito Party and DJ presented by Commençal Post race meal offered to all the participants (with bracelets issued in the race packages)</p>
	<p>RACE VENUE FOOD SERVICES Restaurant + snack bar on the spot in the Paddock . Food services available from 8h00 to 21h00 . Meals 10 € (multiple options) Meal will be offered after the race on Sunday (free for racers – with bracelet issued at the onsite checkin at the same time as the race plates) . Guest welcome – can order off the menu. Free beer from 15h00-18h00 on Friday after the Urban Stage practice.</p>
	<p>In association with the Enduro World Series, a professional photographer, working with FollowRacer will be on the side of the trails to shoot pictures of your performance. Pictures of you will be available soon after your race and you'll be able to buy them on the website by searching your bib number : Enduro World Serie - Olargues - Gallery : https://followracer.com/events/5af1e6cd4125641ee02ee19e</p>
	<p>TRAVEL / TRANSPORTATION</p> <p>Flying: Closest international airports Toulouse TLS 150kms (2h30mins) Montpellier MPL 110kms (1h40mins)</p> <p>Train: BEDARIEUX – Gare SNCF, 23 km (30 min) : Gare TER de Bédarieux BEZIERS – Gare SNCF, 51 km (1h10) : Gare TER et TGV de Béziers</p> <p>Driving: FROM TOULOUSE: Take the A62 motorway towards Montpellier. Take the Castres Mazamet exit then take the D612 towards Béziers / St-Pons de Thomières. In St-Pons take the D908 direction Olargues</p> <p>FROM MONTPELLIER / BEZIERS: By Motorway A75 or A9 By Motorway A75-Exit 64: Valras-beach, Sérignan, Béziers By the A9 Autoroute - Exit 36: Beziers, Castres, Mazamet, St-Pons, Vendres, road center</p>



At your motorway exit you can choose:
 Join the D14 direction St-Pons de Thomières, then follow Cessenon s / Orb, Roquebrun, Olargues or join the D909 direction Bédarieux, then D908 Direction Olargues St-Pons de Thomières

FROM CARCASSONNE: Access by D610 to Olonzac, then follow the D907 to Saint Pons de Thomières and finally the D908 to Olargues

FROM CLERMONT L'HERAULT: By Motorway A75 - Exit 57: Clermont-l'Herault, Canet, Bédarieux. Follow the D908 Direction Olargues - St-Pons de Thomières

EVENT PARKING










CAMPING



Campers only (no trailers or tent) will be permitted in the reserved event parking. There is no cost or reservations required for the overnight camper parking. The lots is restricted to racers riders and a pass will be required – this will be included in your race package which you will receive when you check in / collect your race plate.

Camping for tents and trailers available in Mons :
 Camping du Caroux: <https://www.campingducaroux.com>
 Camping municipal Le Claps:
<https://www.monslatrivalle.fr/tourisme/hebergements/camping-municipal.html>



	<p>ACCOMMODATION Contact the Tourism Office for a list of options or personal recommendations / assistance with bookings:</p> <p>Office de Tourisme Orb Jaur https://www.ot-caroux.fr/fr/dormir.html Email: tourisme@ot-caroux.fr Telephone: +33 (0)4 67 23 02 21</p> <p>Office de Tourisme Grand Orb http://www.grandorb.fr/Tourisme/Hebergements/5/17.html Email: bedarieux@tourisme-grandorb.fr Telephone : +33 (0)4 95 08 79</p>
	<p>PLACES OF INTEREST Options for racers arriving in advance or non-riding partners: Many outdoor activities (climbing, canyoning, canoeing, trail ...). Visit the vineyards and wine tasting Thermal baths in Lamalou les Bains</p>
	<p>WEBSITE http://ews-montagnesducaroux.com/</p>
	<p>CONTACTS Organizers: Event Director: Luc Guiraud, velo-haut-languedoc@orange.fr , +33 6 83 55 54 64 Expo / General: Charlotte Crombret, charlotte@velo-caroux.fr, +33 6 85 48 53 61</p> <p>Enduro World Series Series Director: Chris Ball chris@enduroworldseries.com Media: Kate Ball kate@enduroworldseries.com Media Accreditation: http://www.enduroworldseries.com/media-accreditation/ Athletes: Nathalie Grether nathalie@enduroworldseries.com</p> <p>  </p>

