



LOCATION

Olargues FRA
Race Village: Esplanade de la Gare Olargues. [MAP](#)



SCHEDULE

Thursday May 3

20h00	Course Release	Area closed for riding until start of practice	
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Wednesday May 9

16h00-19h00	Racer Registration	EWS and Challenger	priority line for EWS Teams
19h00	EWS Manager Briefing	EWS	

Thursday May 10

08h00-11h00	Racer Registration	EWS and Challenger	
09h00-17h00	Training	EWS	Day 1 EWS Stages
16h00-19h00	Racer Registration	EWS and Challenger	
Afternoon TBD	Training	EWS #151-550	Urban Stage

Friday May 11

08h00-11h00	Racer Registration		
09h00-17h00	Training	EWS	Day 2 EWS Stages
09h00-17h00	Training	Challenger	
Afternoon TBD	Training	Challenger	Urban Stage
Afternoon TBD	Training	EWS #1-150 + Women	Urban Stage
18h00	Rider Briefing		

Saturday May 12

TBD	Race	EWS	Stages 1-4
TBD	Race	Challenger	
16h00-18h00	Vehicle Retrieval Shuttles	EWS and Challenger	To Day 1 Start
18h00	Awards	Challenger	
TBD	Post Race Dinner	Challenger	

Sunday May 13

TBD	Race	EWS	Stages 5-9
16h00-18h00	Vehicle Retrieval Shuttles	EWS	to Day 2 Start
18h00	Awards	EWS	
TBD	Post Race Dinner	EWS	

Monday May 14

TBD	Trail Restoration		
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REGISTRATION

EWS Race is full.
EWS waitlist application form. <http://www.enduroworldseries.com/event/ews-olargues-montagnes-du-caroux/>

There is still space available in the 1 day Montagnes du Caroux EWS Challenger Enduro.

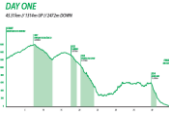







	<p>ONSITE CHECKIN / PLATE COLLECTION Wednesday 16h00-19h00 (priority line for EWS Team riders) Thursday 8h00-11h00 and 16h00-19h00 Friday 8h00-11h00* *Deadline. Racers who have not collected plate / checked in by 11h00 will not be included on the Start List for Saturday.</p>
	<p>ENTRY FEE EWS: 151.30 GBP Entry fees will be processed in the central EWS entry system in Pounds Sterling. Total includes taxes and processing fees</p>
	<p>CANCELLATION POLICY Registration fees are refundable (less an administrative fee) up to 3 weeks prior to the race. Cancellation request must be sent to athletes@enduroworldseries.com by 23:59 UCT April 20. Entries are no longer refundable after April 21. Registrations are not transferable.</p>
	<p>EWS MEMBERSHIP EWS memberships are optional - but only competitors in the EWS race holding an EWS membership will: 1. be seeded for the start, and 2. be eligible for Enduro World Series points and any associated Enduro World Series prize money or overall titles. A rider must hold a valid EWS membership prior to starting the race in order to collect EWS Global Ranking points. No points will be awarded retrospectively should a rider purchase a EWS membership after an event.</p>
	<p>RACE LICENSES and INSURANCE The Montagne du Caroux EWS race is sanctioned by the French Cycling Federation. Competitors must have either a FFC or UCI license. Non-licensed riders will be permitted to register upon presentation of a medical certificate (issued within the previous 12 months) certifying fitness for competitive sports / mountain biking racing . Cost 5EUR – payable at the onsite checkin. The organizer will secure accident insurance from Gras Savoye on behalf of unlicensed racers. The terms of this insurance can be provided to participants on request. This subscription is included for non-licensed participants. Policy details : https://ffc.grassavoie.com/ . It is strongly recommended that all racers have their own personal medical / accident before participating in events.</p>
	<p>CATEGORIES WOMEN Under 21 (1998-2001) WOMEN Master 35+ (1983+) WOMEN MEN Under 21 (1998-2001) MEN Master 40+ (1978+) MEN <i>EWS uses December 31 2018 as the age calculation date. Minimum age 17 (Year of birth 2001)</i></p>










	<p>COURSE Long stages on natural and technical trails, diverse terrain. Both race days will finish by a short urban stage.</p> <p>Day 1: 4 stages, approximately 48km Day 2: 5 stages, approximately 46km Racers will not be returning to the Paddocks during Race 1 until the end of the day. Racers will stop in the Paddocks partway through Race Day 2.</p> <p>Detailed course description and maps will be published Thursday May 3. The entire race zone will closed for riding effective May 3 until training on May 10-11.</p>
<p>TECHNICAL SCORE</p>	<p>★★★★☆</p>
<p>PHYSICAL SCORE</p>	<p>★★★★★</p>
	<p>TRAINING Thursday 9h00-17h00 Training Day 1 Stages Friday 9h00-17h00 Training Day 2 Stages</p> <p>Racers will be limited to 1 training run on each Special Stage.</p> <p>Urban Stage Practice (Stage 4 Day 1 and Stage 9 Day 2) Thursday and Friday in late afternoon (schedules to be confirmed) with a beer offered after the practice</p> <ul style="list-style-type: none">- Thursday: from numbers #151 to #550- Friday: from numbers #1 to #150 + Women
	<p>UPLIFTS Training Days: Racers can use vehicles to transfer to the start of Stage 1 (Day 1) and Stage 5 (Day 2) - but shuttling between stages will not permitted during training. Mandatory drop zones will be identified on the course map.</p> <p>Race Days: The start of race days 1 and 2 will be 15 kms from the paddock. Access will be by personal vehicle. Free shuttle bus pick up will be available at the end of the day to retrieve vehicles.</p>
	<p>PROTECTION RULES Racers must wear a full face helmet (either fixed or detachable chin pieces) at all times during the race - including liaison stages on the bike. It is not permissible to carry a second helmet attached to the pack / body.</p> <p>Full fingered gloves, knee pads and a CE certified back protector are compulsory on race stage. A backpack can replace the back protector if it includes CE certified back protection.</p> <p>The rules apply to both training and race days.</p>





	<p>TRAVEL / TRANSPORTATION Closest international airports Toulouse TLS 150kms (2h30mins) Montpellier MPL 110kms (1h40mins)</p>
	<p>RACE VENUE FOOD SERVICES Restaurant + snack bar on the spot in the Paddock . Food services available from 8am to 9pm Meal will be offered after the race on Sunday</p>
	<p>ACCOMMODATION Contact the Tourism Office for a list of options or personal recommendations / assistance with bookings: Office de Tourisme Orb Jaur https://www.ot-caroux.fr/fr/dormir.html Email: tourisme@ot-caroux.fr Telephone: +33 (0)4 67 23 02 21</p> <p>Office de Tourisme Grand Orb http://www.grandorb.fr/Tourisme/Hebergements/5/17.html Email: bedarieux@tourisme-grandorb.fr Telephone : +33 (0)4 95 08 79</p>
	<p>WEBSITE https://www.facebook.com/velocaroux/</p>
	<p>CONTACTS Event Director: Luc Guiraud, velo-haut-languedoc@orange.fr ,+33 6 83 55 54 64 Expo / General: Charlotte Crombret, charlotte@velo-caroux.fr, +33 6 85 48 53 61 Athletes: Nathalie Grether nathalie@enduroworldseries.com Media Inquiries / Accreditation: Kate Ball kate@enduroworldseries.com</p>

