

## LIAISON INFORMATION

Race Day	Liaison	Description	Time Allocated
DAY 1	Paddocks – Stage 1 Start	<ul style="list-style-type: none"> <li>&gt; Depart Paddocks</li> <li>&gt; Bosco Express Lift</li> <li>&gt; Chalet Express Lift</li> <li>&gt; pedal dirt track (1.8 kms, 103m up   82m down) to top of S1</li> </ul>	1h05
DAY 1	Stage 1 Start – Stage 2 Start	<ul style="list-style-type: none"> <li>&gt; Descend S1 <i>Lupin</i></li> <li>&gt; Climb paved Col San Carlo road to Hotel Genzianella (7.6kms, 460m up)            [during training this portion of the transition can be shuttled. Drop off point <a href="#">45.74296, 6.98939</a>]</li> <li>&gt; Pass Feed Zone</li> <li>&gt; Pedal additional 5.71 kms (562m up   77m down) on dirt track / trail to start of S2</li> </ul>	2h25
DAY 1	Stage 2 Start – Time Check Paddocks	<ul style="list-style-type: none"> <li>&gt; Descend S2 <i>Salini Miniere Argano</i></li> <li>&gt; Pedal downhill on paved roads to Paddocks</li> <li>&gt; Pass Feed Zone</li> </ul>	0h50
DAY 1	Time Check Paddocks – Stage 3 Start	<ul style="list-style-type: none"> <li>&gt; Depart Paddocks</li> <li>&gt; Bosco Express Lift</li> <li>&gt; Chalet Express Lift</li> <li>&gt; Pedal to Start of S3 (1.4kms, 57m up   106m down)</li> </ul>	0h45
DAY 1	Stage 3 Start – Finish Time Check	<ul style="list-style-type: none"> <li>&gt; Descend S3 <i>Cambogia</i></li> <li>&gt; Pedal downhill from Lathuile to Paddocks (1.8kms)</li> </ul>	0h35
DAY 2	Paddocks – Stage 4 Start	<ul style="list-style-type: none"> <li>&gt; Depart Paddocks</li> <li>&gt; Bosco Express Lift</li> <li>&gt; Chalet Express Lift</li> <li>&gt; Pedal on dirt track / trails to Start of S4 (3.59kms, 204m up   147m down)</li> </ul>	1h30
DAY 2	Stage 4 Start – Stage 5 Start	<ul style="list-style-type: none"> <li>&gt; Descend S4 <i>Touriasse</i></li> <li>&gt; Pass Pont Serrand Feed Zone</li> <li>&gt; Pedal paved road SS26 towards Lathuile</li> <li>&gt; Turnoff after small bridge at unnamed paved road (junction <a href="#">45.711780, 6.933360</a>)</li> <li>&gt; Climb unnamed road (2.7kms, 293m up)</li> <li>&gt; Turnoff at <a href="#">45.71616, 6.91083</a> . Pedal additional (1.81 kms 302m up   113m down) on dirt track / trail to start of S5</li> <li>[in the original training plan, riders were permitted to shuttled this portion of the transition during training. Due to safety concerns with the narrowness of the road, all riders will now be required to pedal the full transition]</li> <li>&gt; Water Station at start of S5</li> </ul>	2h10
DAY 2	Stage 5 Start – Time Check Paddocks	<ul style="list-style-type: none"> <li>&gt; Descend S5 <i>Bellefface</i></li> <li>&gt; Pedal paved road to Paddocks</li> <li>&gt; Pass Feed Zone</li> </ul>	0h50
DAY 2	Time Check Paddocks – Stage 6 Start	<ul style="list-style-type: none"> <li>&gt; Depart Paddocks</li> <li>&gt; Bosco Express Lift</li> <li>&gt; Chalet Express Lift</li> </ul>	0h35
DAY 2	Stage 6 Start – Finish Time Check	<ul style="list-style-type: none"> <li>&gt; Descend S6 <i>Break Dance</i></li> </ul>	0h30

*If the links do not work for you, please copy and paste the lat/lon references into any mapping programme to see the location*