




ENDURO
WORLD SERIES

RACE BOOK

Cannondale Alpine Bikes World Enduro
Round 3 Enduro World Series | May 30-31
Peebles Scottish Borders





Welcome to the Tweed Valley and TweedLove Bike Festival. The whole community here hopes you'll enjoy the trails in the area and that you'll have a very enjoyable challenge out on the race course. The area is the spiritual home of mountain biking in Scotland – there have been trails in the woods here from the very start of the sport.

There is no uplift here, and over two days of racing, riders will need to deal with a significant amount of distance and vertical on a tour of some of our favourite tracks. Riding will vary from fast and flowy to tight, steep and technical, but we hope you agree it's all about quality riding.

Last year the event was a big success and a lot of fun. It was hugely popular with both locals and visitors, and everyone here is really excited about welcoming you all back to 'Bike Valley'. There's nowhere else in the UK that's even remotely as committed to cycling as this place is. We all live here because we love the trails, the roads and being part of a big community of riders. We're looking forward to meeting you all! So from good luck from all of us. Have a great race, and a great stay!

The event will start and finish at the Event HQ, at Tweed Green in Peebles. Registration, the Race Office, media centre, pits and expo will all be here.

[Neil Dalglish](#)
Event Director

Hello all Tweedlove EWS riders,

We are excited to once again return to the famous Tweed Valley and the ever growing TweedLove festival. By the time I see you all, we will have seen more action at our second round in County Wicklow and will have yet more amazing stories to tell. For those riders who are doing the double, and making the trip across the Irish Sea, the two day TweedLove EWS will test your skill, legs and planning once again so get as much rest as you can during your travels! For those new to the TweedLove event, expect big days, great trails and some incredible views of the iconic Tweed Valley so pack wisely and look after yourself out there.

For 2015, the TweedLove team and an amazing group of passionate local trail builders and volunteers have lined up some incredible new stages and even some incredible new trails altogether. You'll be racing the full height of Glentress and once again visit different sides of the valley around the infamous Innerleithen natural trail network. Steve Deas, Neil Carnegie and the Trail Fairies amongst many, many other volunteers deserve a special mention for the incredible work that they do in the forests year round - it's thanks to you guys that we have such unbelievable trails to ride and we can host the World's best mountain bikers.

Good luck, enjoy yourself and I look forward to seeing you all on the trails.

Here's to Round 3!



[Chris Ball](#)

LOCATION	Peebles, Scottish Borders (Google Map)		
WEBSITE	www.tweedlove.com		
SCHEDULE	Sunday 24 th May	9pm	Course map available
	Monday 25 th and Tuesday 26 th		Course Marking – course closed
	Wednesday 27 th	8am–12pm	Registration
		10am-5pm	Practice Stages 1-4 [Stages 5-8 closed]
		5pm-8pm	Registration
	Thursday 28 th	8am–12pm	Registration
		10am-5pm	Practice Stages 5-8 [Stages 1-4 closed]
		5pm-8pm	Registration
	Friday 29 th	8am-6pm	Registration
		9am-3:30pm	Unmarshalled Practice Stages 1-8 [no medical coverage in place]
		3pm-6pm	Timing Card collection
		4:30pm	Mandatory Rider Briefing
	Saturday 30 th	8am	Race Start
	Sunday 31 st	8am	Race Start
6pm		Podiums	
CATEGORIES	<i>E1 Categories</i> Women Under 21 (1995-1998) Women Men Under 21 (1995-1998) Men Men 40+ (1975+) Age calculation date: December 31 2015		<i>E2 Categories</i> Women Under 21 (1995-1998) Women 21+ Men Under 21 (1995-1998) Men 21-39 (1976-1996) Men 40+ (1975+) Age calculation date: December 31 2015
E1 / E2	<p>The race is split between Enduro 1 (E1) and Enduro 2 (E2) categories.</p> <p>Cash prizes only apply to E1 categories. Only E1 riders with an EMBA membership will qualify for EWS points.</p> <p>E1 riders will face testing transitions/linking stage times, designed to provide a challenge for the best riders. E2 riders will ride the same event though it may be shortened or stages varied slightly from E1. E2 riders do not have set transition times, but must complete the course within an overall time limit. E2 riders can ride the course with their friends etc. E2 is intended to be a more relaxed version of the race so riders can take part and enjoy it without the tough physical challenge of the E1 transitions and race stage schedule.</p>		
REGISTRATION and CANCELLATIONS	Entries are not refundable after May 10. Registrations are not transferable.		
WAIVER OF LIABILITY	<p>By registering and participating in this event, riders understand and agree that they participate in this event entirely at their own risk, that they must rely on their own ability in dealing with all hazards and that they must ride in a manner which is safe for themselves and all others. Riders must be aware that when riding on a public highway the function of the marshals is only to indicate direction and that they must decide whether the movement is safe. Riders agree that no liability what so ever shall attach to the Organiser, Race Sponsor, any Race Official or any Member of the organiser's staff in respect of injury, loss or damage suffered by them in or by reason of the event, however caused.</p> <p>Every rider understands and admits that his participation in the event is voluntary. He/she assumes full responsibility for any injuries or damages from his/her participation in, or practice for, the event. He/she recognises and understands that mountain biking and the activities associated with this event may be dangerous, that his/her participation is solely at his/her own risk and that he/she assumes full responsibility for any resulting injuries and damages that may occur. He/she acknowledges that riding during this event will be of a high technical standard and many of the trails will require riding of high speed.</p> <p>It is strongly recommended that each rider has their own race insurance, in order to cover any eventuality.</p> <p>Every rider affirms that he/she is in good health. He/she declares that he/she is physically fit and capable to participate in the event. Every rider understands it can be a strenuous day out with significant amounts of climbing and distance to be cycled in order to complete the course.</p> <p>Every rider has to acknowledge that he/she has read and understand this entire waiver of liability and agrees to be legally bound by it.</p>		
INSURANCE	Although rider insurance is not compulsory, it is recommended that each rider has their own race insurance, in order to cover any eventuality. We recommend that each rider checks with their own insurance to ensure that they are covered for this event.		

LICENSE REQUIREMENTS	No racing license or membership required to enter this event, but a valid race licence and/or personal insurance for participation is strongly recommended.
EMBA MEMBERSHIP	<p>Only competitors holding an EMBA membership will be eligible for Enduro World Series points and any associated Enduro World Series prize money or overall titles. A rider must hold a valid EMBA membership prior to starting the race (Deadline: Event Sign On/ number plate collection) in which they hope to win points. No points will be awarded retrospectively should a rider purchase an EMBA membership after an event.</p> <p>A rider purchasing an EMBA membership after the Seeding List has been posted will not be reseeded.</p>
REGISTRATION	<p>Event registration will be from the Race Office on Tweed Green: Wednesday 27th May 2015 8am – 12noon, 5pm – 8pm Thursday 28th May 2015 8am – 12noon, 5pm – 8pm Friday 29th May 2015 8am – 6pm Racers will need a number plate to practice.</p> <p>Timing card collection Tweed Green: Friday 29th May 2015 3pm – 6pm. Timing Chips must be returned – the chips will be collected in the finish on Sunday.</p>
MANDATORY RIDER BRIEFING	4:30pm on Tweed Green, any changes to the race will be notified to riders at this briefing. It is mandatory to attend the briefing for event safety reasons. Non-attendance at the Rider Briefing will not be an acceptable excuse for any rule violations.
SEEDING AND RACE ORDER	<p>Seeding list will be posted during registration at the Race Office, on Tweed Green,</p> <p>Race order will be: E1s – Masters in reverse order, U21 Men in reverse order, Men in reverse order, U21 Women in reversed order, Women in reverse order, Top 30 Men in reverse order. Followed by E2 - E2s will have a choice of start time zones, allocated on a first come first served basis at registration.</p> <p>Seeding for EMBA members within each category will be based the EWS Seeding Rules. http://www.enduroworldseries.com/rules/ 5.4: Seeding and Start Order. Other riders will be randomly seeded within their categories.</p>
START LISTS	<p>Event start lists will be released on Tuesday 26th May at 3pm. Start lists will be available on the TweedLove website http://tweedlove.com/events/2015-event-info/enduro-world-series . These will also be available to view at event registration on Tweed Green.</p>
BIKE MARKING	Tweed Green – 30 minutes before each individual start time on Saturday 30 th May.
COURSE MAP AND DESCRIPTION	<p>Course map will be released on Sunday 24th May at 9pm on the TweedLove website http://tweedlove.com/events/2015-event-info/enduro-world-series and on Monday 25th May will be available on the EWS website. Event guides which will be available at the event village, which will have route maps.</p> <p>This year E1 and E2 riders will all complete all event stages. Day 1 – Innerleithen approximate climbing 1350m, distance 58km Day 2 – Glentress approximate climbing 1300m, distance 34km</p>
PRACTICE	<p>Race plates must be attached at all times for practice.</p> <p>Sunday 24th May at 9pm - Course map released. Posted online - an email link will be sent to all riders. Monday 25th May and Tuesday 26th May, Course marking – no riding route or bikes on route, walking only permitted. Please be aware that TweedLove course markers will be on the route and course marking will not be complete.</p> <p>Wednesday 27th May – Practice at Innerleithen (Stages 1 - 4) from 10am – 5pm. STAGES 5 – 8 CLOSED, Medics in place at Innerleithen.</p> <p>Thursday 28th May – Practice at Glentress (Stages 5 - 8) from 10am – 5pm. STAGES 1 – 4 CLOSED, Medics in place at Glentress.</p> <p>Friday 29th May – Additional unmarshalled practice. 9am – 3.30pm, no medical cover in place.</p>
RACE	<p>Saturday 30th May: Day 1 – event start 8am Sunday 31st May: Day 2 – event start 8am Start times posted at Race Office on Tweed Green</p>

RESULTS	<p>The course will include Telemetry and Results Upload stations on course. Telemetry stations will automatically send timing data back to Event HQ and it will also go online almost instantly.</p> <p>Upload stations on course will allow riders to see all their results so far and will be displayed on a live screen at the station.</p> <p>Telemetry stations will be positioned after Stages 1, 3, 5 and 6.</p> <p>Upload stations will be positioned after Stages 2, 4 and 7.</p> <p>End of day results posted in race office on Tweed Green.</p> <p>It is compulsory that ALL riders must go through all Telemetry and Upload Stations. There will be a 10 second penalty for each Telemetry or Upload station missed.</p>
LIVE TIMING	Live timing will be available at www.enduroworldseries.com
RACE UPDATES	http://www.enduroworldseries.com/event-updates
TECH ZONE	Once on course no team mechanical assistance is permitted. There will be a neutral tech zone in Innerleithen on Saturday and at Glentress on Sunday. This service will be provided by Alpine Bikes, a wide variety of spares and consumables will be available to purchase if required. A selection of tools will be available for use.
FEED ZONE	There will be two feed stations each race day. The locations of these will be highlighted on the route map released on Sunday 24 th May at 9pm. Each feed station will have water (to allow you to fill up your hydration pack), bananas and cakes from Big Bear Bakery.
MANDATORY PROTECTION	Open face helmets permitted. A helmet must be worn at all times while riding on course, this includes transitions. Knee pads mandatory. Elbow pads, gloves and back protector recommended.
RACE RULES	<p>The Cannondale Alpine Bikes World Enduro will follow the rules as outlined by the Enduro World Series. http://www.enduroworldseries.com/rules/</p> <p>The following are specific rules for this event - this list is not exhaustive. The Race Director is authorized to give additional penalties that are not listed in the EWS rules in the case of a rider who fails to respect the other riders, the spirit of the sport, the environment or the organization.</p> <p>RULES SPECIFIC TO THE EVENT</p> <p>Rider Practice Rulings – Any rider found riding on a Special Stage prior to or outside of the official training times will be disqualified.</p> <p>Shuttling Ruling – The transport of riders between Special Stages by private/team transport (shuttling) is strictly limited to public, open roads during official training. A rider found using a private or team vehicle on a closed/private road or track will be disqualified. During the race, no private/team transport can be used at any time. Any rider found taking private transport during the race will be disqualified.</p> <p>Littering Ruling – It is of the utmost importance that all riders respect the environment and consider the impact they leave behind for the local riding community. For this reason any form of littering (i.e., disposal of food packaging, used inner tubes, goggle tear offs etc) is strictly prohibited. Any rider found littering will be disqualified.</p> <p>Missing Start Time Ruling – All riders who arrive late and miss their allocated start time slot must start, under instructions from the official starter, within the next allocated 1-minute time gap. There is no fixed start interval between late starters as the goal is to keep late riders racing, without affecting other riders on course. Late starters will receive a fixed penalty of 1 minute per allocated stage time missed. Any riders arriving at the start of a special stage more than 30 minutes after their specified start time will be disqualified from the race.</p> <p>Course Altering Ruling – Changing the environment to redirect the track and altering the course set show a total disrespect to trail builders and the organiser; and is contrary the spirit of Enduro racing. Any rider found to be course altering will be disqualified.</p>

	<p>Assisting an injured rider ruling - there are two scenarios a rider may be presented with.</p> <p>1. A rider passes an injured rider on the side of the track . Where a rider passes a rider on the side of the track they believe is injured, they should alert the next race official/marshal they see, by shouting "Rider Down" as they pass, and also inform the official/ marshal at the end (finish) of the race stage.</p> <p>2. A rider passes an injured rider lying on the track Where a rider comes across a rider on the track unconscious and or unable to move, they must stop and assist. They must then stop the next rider down and get them to ride onto the next official/marshal to seek immediate help. This rider must also inform the official/marshal at the end (finish) of the race stage. After sending one rider on down the track to seek help, they must wave further oncoming riders safely past the injured rider.</p> <p>Riders who crash and or injure themselves, must make every attempt to remove themselves from the track and oncoming course of following riders. The special stage result of any rider delayed due to voluntarily assisting another rider, will be determined by race officials and the event organiser.</p>		
PENALTIES		Minimum Penalty	Maximum Penalty
	Missed start	Up to 5 mins late = 1 min	5 + mins late = 5 mins 30+ mins late DSQ
	Other start violation	5 secs	5 secs
	Course cutting	DSQ	DSQ
	Unintentional course cutting	30 secs	30 secs
	Illegal outside assistance	DSQ	DSQ
	Environmental damage	1 min	DSQ
	Training outside official times	DSQ	DSQ
	Changing equipment – with authorisation	Fixed 5 mins	
	Changing equipment – no authorization	DSQ	DSQ
	Disposal of tear off	DSQ	DSQ
	Altering course	DSQ	DSQ
	Food/kit stashing	Fixed 5 mins	
	Missed Telemetry station	Unintentional Race Directors discretion	10 seconds
	Missed upload station	Fixed 10 seconds	
PROTESTS	<p>All protests should be addressed to the Event Race Office in person, Tweed Green, Peebles within 15 minutes of provisional results posted each day. Race Director: Neil Dalglish Assistant Race Director: Dawn Johnstone</p>		
AWARDS	<p>EWS Podiums Sunday 31st May 2015 Tweed Green, Peebles Approximately 6pm</p>		
PRIZE MONEY	<p>E1 PRIZES - Overall Men and Overall Women 1st £625 2nd £350 3rd £200</p>		
FIRST AID	<p>EMERGENCY RESPONSE</p> <p>Wednesday Practice – First aid vehicle at Innerleithen Trailhead 9am – 5pm, Race office contact 07856 267785 Thursday Practice – First aid vehicle at Glentress, Buzzards Nest Car Park, Race office contact 07856 267785 Friday Practice – no static first aid cover, Race office contact 07856 267785</p> <p>During event – Tweed Valley Mountain Rescue, contact via Marshal or Marshal control. Marshal Control 07974 305575 Race Office 07856 267785 Please look out for each other and alert the next marshal you pass of any accident you have seen on course. Outside of these times – In the event of an emergency when riding in the valley, please dial 999 (request police, then Mountain Rescue). We recommend that you download a grid reference/gps app to your phone and carry a map to make locating you easier and faster.</p>		
NEAREST HOSPITAL CLINIC	<p>Borders General Hospital Melrose Roxburghshire TD6 9BS Tel. 01896 826000</p>		

ENTERTAINMENT	The Love Club, Sunday 31 st May Tickets £10 available from https://www.eventbrite.co.uk/e/the-love-club-2015-tickets-16483792467
PARKING	Car parking in Peebles – Edinburgh Road Car Park EH45 8AY and Haylodge Car Park, Neidpath Road EH45 8NN are the advised parking for event entrants. These are a short distance from the event village, please be advised that there will be no parking at Tweed Green. There is extensive free parking on many side streets around town, but please park responsibly and courteously.
TRAVEL / TRANSPORTATION	The Tweed Valley is easily reached from all over the UK and a short transfer from airports and train stations. Frequent transfers from Edinburgh, with trailer for bikes, available from www.BikeBusGlentress.co.uk . Standard scheduled bus services in the area are provided by First Group. If you are arriving by car the main roads into the Tweed Valley are the A7 and A701 from the South and the A701 from the North. And if you're arriving by air you will probably arrive via Newcastle [NCL] or Edinburgh Airport [EDI]. The closest stations are Edinburgh Waverly Station, Carlisle Railway Station or Berwick-upon-Tweed Railway Station. Check Travelline Scotland for dedicated bus connections. Share car transport whenever you can – there's a very useful car-sharing website at www.tripshareborders.com .
LODGING	Visit http://tweedlove.com/accommodation or www.visittweedvalley.co.uk for other selection of places to stay.
CONTACTS Cannondale Alpine Bikes World Enduro	Event Director: Neil Dalgleish, neil@tweedlove.com Athlete / Team Inquiries: Dawn Johnstone, dawn@tweedlove.com Expo: Cat Smith, cat@tweedlove.com Media / Accreditation: Fiona Dalgleish, Fiona@hillsideoutside.com
SOCIAL MEDIA	https://www.facebook.com/TweedLove #tweedlove #ews #tweedvalley #bikevalley twitter: @tweedlovest instagram: @tweedlovest
CONTACTS Enduro World Series	Series Director: Chris Ball chris@enduroworldseries.com Media: Kate Ball kate@enduroworldseries.com Athletes / Teams: Nathalie Grether nathalie@enduroworldseries.com   